

MEMORY OF : HOLIDAY TRADITIONS

Enjoy this **HOLIDAY TRADITIONS: INTERVIEW!**™ for one-on-one memory writing with someone this season.

What words, salutations or phrases do you associate with the holidays? What do they mean? ♦ Name memorable visions, smells, tastes, or touches.

PHYSICAL DESCRIPTION, MEMORABLE QUALITIES

Whose voices of the past can you still hear? ♦ Were there any holiday messages that strongly influenced you? In what way? ♦ What books do you recommend for holiday reading? ♦ What impact did you have on holiday traditions? Did you embrace them, adapt or alter them in some way? ♦ What goals or accomplishments were made during this time? **ROLES, INFLUENCES, ACCOMPLISHMENTS**

How did money come into play during the holidays? ♦ What was especially valued at this time of year? ♦ Did your cultural or ethnic background provide activities, songs or recipes for the season? Did this have an effect on your sense of self? In what way? ♦ What unique skills did you use or observe during holiday events? **BACKGROUND, EDUCATION, SKILLS**

Draw a map or sketch which lays out the scene of a cherished holiday place. ♦ Detail a route taken to get to a key holiday event. ♦ How were your inner feelings affected during the holiday season? ♦ Which friends and family come to mind during the holidays? ♦ Name groups or organizations you remember contributing to the holiday spirit. **RELATIONS, FRIENDSHIPS, GROUPS, REGIONAL TIES**

What events were “not to be missed” during the holidays? ♦ Name songs you enjoyed hearing or singing during holidays past. ♦ What memorable occasions might you like to note about holiday traditions? ♦ Did any problems emerge during an event? How were they solved? **EVENTS, OCCASIONS**

What patterns prevailed during the holidays? ♦ Which hands-on activities did you enjoy most? ♦ Formulate five rules one should follow during the holiday season. ♦ What issues came along with holiday gatherings and events? How were they handled? **ROUTINES, CUSTOMS, VIEWPOINTS**

